#### Comp Dovistration Form

Camp Registration Form	
Registration may also be filled out	
www.tritonvolleyballcamps.	<u>com</u>
Name:	
Birthdate: Grade:	
	(entering)
Mailing Address:	
City State Zip Co	
Email Address:	
Phone Number:	
School:	
Position(s) Played:	
Parents' Name (s):	
Phone Number:	
In Case of an Emergency contact:	
Phone Number:	
Insurance Policy:	
Policy Number:	
Camp Costs (Check appropriate b	ox)
*Payable to Iowa Central Volley	ball
• Libero Camp (May 12 & 13)	
Grades 7-12- \$60	
• Setter Camp (May 12 & 13)	
Grades 7 - 12- \$60	
• Libero & Setter Camp (May 12 & 13)	
Grades 7 - 12- \$105	
• Youth Camp 1 (June 24-26)	
Grades 2-6- \$75 • Intermediate Camp 1 (June 24-26)	
Grades 7-10- \$85	
• Elite Camp 1 (June 24-26)	
Grades 11&12- \$100	
• Youth Camp 2 (July 20-22)	
Grades 2-6- \$75	
• Intermediate Camp 2 (July 20-22)	
Grades 7-10- \$85	[]
<ul> <li>Elite Camp 2 (July 20-22)</li> <li>Grades 11&amp;12- \$100</li> </ul>	



**General Information** The camps will be at Hodges Fieldhouse on the Iowa Central Community College Campus located at One Triton Circle. Fort Dodge, Iowa.



- The camp staff will be comprised of current Iowa . Central coaches and players.
- Registration will begin 30 minutes prior to the start of the first day of each camp.
- Each camper will receive a camp ball. .
- Players should bring volleyball attire, shoes, knee-• pads, water bottle, and a positive attitude!

#### To sign up: Checks and Registration can be mailed to:

Iowa Central Community College **Coach Sara Horn One Triton Circle** Fort Dodge, Iowa 50501

\*Make checks payable to: **Iowa Central Volleyball** \*A \$20 deposit will be charged on all refunds.

Registration may be filled out and paid for online at: www.tritonvolleyballcamps.com

If you have questions please contact Sara Horn at horn\_s@iowacentral.edu.

# **Iowa Central Community College**



## 2020 **Volleyball Camps**

## **2020** Sessions

Libero Camp May 12 & 13 Grades 7-12 5:00-7:00pm

Setter Camp May 12 & 13 Grades 7-12

Youth Camp 1 June 24th - 26th Grades 2-6 9:00am-10:30am

6:30-8:30pm Youth Camp 2 July 20th - 22nd

Grades 2-6

9:00am-10:30am

Intermediate Camp 2

July 20th - 22nd

Intermediate Camp 1 June 24 - 26th Grades 7-10 10:30-12:30pm

Elite Camp 1

June 24 - 26th

Grades 11 & 12

2:30-5:30pm

Grades 7-10 10:30-12:30pm Elite Camp 2

July 20th - 22nd Grades 11 & 12 2:30-5:30pm



#### Camp Director · Sara Horn Iowa Central Volleyball Head Coach



Sara Horn is entering her 8th season as the head coach at Iowa Central Community College. In 2019, the Tritons won their second straight ICCAC Conference title, were Region XI Runners-Up, and ended the season ranked #12 Nationally. They finished

with a 33-6 record.

Horn is a 2004 graduate of the University of Nebraska, where she was a three year letter winner for the Huskers. While at Nebraska, Horn earned First-Team Academic All-Big 12 honors in 2002 and 2003 and was a Second Team Academic All-Big 12 selection in 2001. She helped lead Nebraska to Big 12 championships in 2000, 2001, and 2002, NCAA Final Four appearances in 2000 and 2001, and was part of the 2000 undefeated National Championship team. As a senior, Horn ranked third in the Big 12 with an average of 1.26 blocks per game and was fifth in the league with a .317 hitting percentage.

### Camp Director · Gabby Sullivan Iowa Central Volleyball Assistant Coach



Gabby Sullivan is entering her 1st season with the Triton Volleyball coaching staff. She was previously the assistant coach at Wakefield-Allen High school in Nebraska. Sullivan started her college volleyball journey here at ICCC where

she led the Tritons to the NJCAA Division II National Tournament while posting some of the top hitting statistics in the nation. She was named AVCA First Team All-American in 2017, becoming the first Triton player to ever receive First Team AVCA All-American honors. She holds single season school records for kills per set and attacks along with 43 kills in a single match. Sullivan averaged 3.62 kills and 1.87 digs per set while winning 59 matches during her 2 years at ICCC. She then transferred to Wayne State College in Nebraska where she played one season with the Wildcats.

#### Libero Camp May 12 & 13th Grades 7-12 5-7pm Camper Fee: \$60

The Libero Camp is designed to improve

and breakdown the skills of ball handling, passing, and defense. Drills will give campers many touches on the ball with some game-like situations included.

#### Setter Camp

May 12 & 13th Grades 7-12 6:30-8:30pm Camper Fee: \$60

The Setter Camp is designed to improve and breakdown the skills of setting. Handwork, footwork, set placement, and strategy will be covered over the course of the camp. Drills will give campers many touches on the ball with some game-like situations included.

Youth Camp 1 & 2 June 24th-26th & July 20th-22th

Grades 2-6 9:00-10:30am Camper Fee: \$75

The Youth Camps are designed to introduce and improve the skills of passing, setting, hitting, defense, serving, and blocking. Basic techniques will be introduced and will be taught within the framework of team play. Learn fundamentals and have fun with the current Triton players!

#### Intermediate/Elite Skills Camp 1 & 2

June 24th-26th & July 20th- 22nd Grades 7-10 10:30-12:30/ Grades 11&12 2:30-5:30 Camper Fee: \$85 / \$100

This camp is designed to teach players the latest volleyball skills and techniques. The camp's goal is to meet the needs of each individual camper. Players will be exposed to extensive coverage of the basic skills, drills, tactics, and offensive and defensive play.

### Waiver of Liability- -Return with Application

In consideration of the acceptance of this application for registration, I, intending to be legally bound, hereby for myself, my heirs, executors, and administrations, waive and release any and all rights and claims for damages I may have against Iowa Central Community College or its representatives and/or assignees, for any and all damages which may be sustained and suffered by me in connection with my association with or entry in this camp, and which may arise out of my traveling to, participating in, or returning from the camp.

In the event that any illness or injury is incurred by the below named participant while at campus and an attempt is made to contact me but I cannot be reached, I hereby authorize the director and members of Iowa Central Community College's Volleyball Staff to act for me according to their best judgement in an emergency requiring medical attention. We also grant permission for the Iowa Central Community College Volleyball Camp to use photographs of our daughter for publicity, advertising, or other commercial purposes. This camp admits all qualified applicants without regard to race, color, religion, or nation origin.

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On this day of, 20
Applicant's Signature:
Parent or Guardian Signature: